Well GROOMED

The change of season calls for a change to grooming routines: this month's new releases are both stylish and clever



1. THE TOOLKIT

Every gentleman needs a Czech & Speake kit. This is no average manicure set but a toolbox that might just save your life, Bond-style. The instruments you don't recognise are for your cuticles; there's safety scissors, clippers and slanted tweezers in the case too. Manicure Set, £348, Czech & Speake, czechandspeakefragrance.com

2. SPIRIT-LACED SHAMPOO

Blind Barber is our kind of grooming brand. First, note its ironic brand name. Second, the fact that all of its styling products are inspired by 'grooming and cocktails' – ingredients even include hops for hair thickening. Lastly, for convenience, its Lemongrass Tea Shampoo is also a Bodywash. Simply lather, rinse and leave. Lemongrass Tea Shampoo + Bodywash, £12, The Blind Barber, blindbarber.com

3. LIP BALM FOR MEN

It's surprisingly difficult to find a lip balm that isn't formulated with shine, a colour, or the scent of strawberries. Therefore, take note of Space.NK's latest addition. Vaughn's Lip Balm 76 is a unisex jojoba, shea and cocoa butter conditioner that soothes dryness and sunburn for comfort with a healthy, matte finish. Lip Balm 76, £11, V76 by Vaughn, Space.NK, Cabot Place

4. NO MORE IRRITATION

This intensely rich aftershave balm, which gives off an oud-like fragrance, works wonders at hydrating dry or freshly shaven skin, and gives a smooth finish. The name's Ford. Tom Ford. Noir Aftershave Balm, £32, Tom Ford, Waitrose Food, Fashion & Home, Canada Place (click and collect) johnlewis.com

5. SCENT OF SUCCESS

You can now match your cologne to your deodorant stick, to avoid a scent-clash. Acqua di Bergamotto is an Italian fragrance from fashion brand Ermenegildo Zegna, laced with bergamot, neroli and vertiver. It's crisp and refreshing with a kick and was designed with sharp suits in mind. Acqua di Bergamotto EDT, £76, Deodrant Stick, £25, Ermenegildo Zegna, Boots, Canada Place